

Maple River Schools

January 2019

Lunch Menu



Mon	Tue	Wed	Thu	Fri
<p>Allergy Information This menu contains one or more of the following ingredients: milk, eggs, soybeans, peanuts, tree nuts, shellfish, and wheat.</p>	1 No School	2 No School	3 Chicken Nuggets Tator Tots Peas Fruit Choice Jurassic Cracker	4 Spaghetti Bread Stick Spinach Salad Cauliflower Fruit Choice
7 Cheesy French Bread w/Pizza Sauce Steamed Carrots Salad Elaine Fruit Choice	8 Sub's w/fixings Ovation Fries Normandy Blend Fruit Choice	9 Shrimp Poppers Mac-n-Cheese Green Beans Celery Sticks Fruit Choice	10 Taco w/fixings Black Bean Salsa w/Scoop Chips Broccoli Fruit Choice Churro	11 <u>Brunch For Lunch</u> Cheese Omelet Hashbrown Patty Cinnamon Roll Applesauce Juice Cup Baby Carrots
14 Chicken Huntington Green Beans Fruit Choice Raisin Bread Pea Pods	15 Big Daddy's Pizza Sonoma Blend Caesar Salad Fruit Choice	16 Hamburger or Cheeseburger Steak Fries Baked Beans Fruit Choice Ice Cream Cup	17 Teriyaki Dippers Brown Rice Broccoli Cucumber Slices Fruit Choice Dinner Roll	18 Penna Pasta Garlic Bread Caesar Salad Cauliflower Fruit Choice
21 Tator Tot Hotdish Mixed Vegetables Fruit Choice Dinner Roll Sherbet	22 Chicken Patty Dilly Baby Reds Corn Fruit Choice	23 Chili Cornbread Relishes w/dip Yogurt Cup Fruit Choice	24 Toasty Dog Cheesy Broccoli Rice Baked Beans Carrot Sticks Fruit Choice	25 Mexican Pizza w/fixings Refried Beans Malibu Blend Fruit Choice Fruit Salad
28 No School	29 Sloppy Joe's Sweet Potato Fries Baked Beans Fruit Choice	30 Stuffed Crust Pizza Veggie Bean Blend Kale Broccoli Salad Fruit Choice	31 Chicken Noodle Soup Deli Sandwich Relishes w/dip Fruit Choice Crackers	*Daily Milk choices are: Skim, 1%, & Chocolate Skim. *Salad Bar is offered at Mapleton. *Menu subject to change, due to product availability. *This institution is an equal opportunity provider.*