

Maple River Schools

October 2018

Lunch Menu



Mon	Tue	Wed	Thu	Fri
1 Orange Chicken Rice Bowl Stir Fry Veggies Fruit Choice Egg Roll	2 Italian Dunkers w/Meat Sauce Italian Salad Mixed Veggies Fruit Choice	3 Chicken Strips Sweet Potato Fries Brussels Sprouts Fruit Choice Rice Krispie bar	4 Burger Bar Curly Fries Normandy Blend Fruit Choice	5 Real Slice Pizza Relishes w/dip (carrots,cukes, ch. tomato) Spinach Salad Fruit Choice
8 Fish Sticks Cheesy Hashbrowns Veggie Bean Blend Fruit Choice Dinner Roll	9 Turkey Sub w/ fixings Baked Squash Cauliflower Fruit Choice	10 Toasty Dog Tator Tots Baked Beans Fruit Choice Scooby Stixs	11 Penne Pasta Bake Garlic Bread Caesar Salad Fruit Choice Pea Pods w/dip	12 Chicken Fajita w/fixings Black Bean Salsa w/chips Broccoli Fruit Choice Asst. Side Kick
15 Rib-be-Que Criss Cut Fries Corn Fruit Choice Johnny Pop	16 Chicken Alfredo over Pasta Caesar Salad Peas-n-Carrots Fruit Choice	17 Cheezy French Bread w/Pizza Sauce Salad Elaine Calif. Blend Fruit Choice	18 No School	19 No School
<i>*National School Lunch Week October 15-19, 2018*</i>				
22 No School	23 French Toast Sticks Sausage Links Tri-Tators Celery Sticks Applesauce Juice Cup	24 Super Beefy Nachos w/fixings Refried Beans Peas Fruit Choice	25 Scalloped Potatoes w/Ham Cole Slaw Green Beans Apple Crisp Dinner Roll	26 Big Daddy's Pizza Spinach Salad Corn Fruit Choice Sherbet
29 Chicken Patty Ovation Fries Country Blend Fruit Choice	30 Corn Dog Criss Cut Potatoes Cauliflower Fruit Choice	31 Cheeseburger Macaroni Veggie Bean Blend Kale Broccoli Slaw Fruit Choice Pumpkin Cookie	<u>Allergy Information</u> This menu contains one or more of the following ingredients: milk, eggs, soybeans, peanuts, tree nuts, shellfish, and wheat.	*Daily milk choices are: 1%, Skim & Chocolate Skim. *Menu subject to change due to product availability. *Salad Bar is offered daily at Mapleton. *This institution is an